

12
11
23
13
36

To me Id is a specific & conscious self-development with
the quest as its stated goal. The transition from
animal to man seems to me to be more a part
of VI, the harmonization of body-based experiences.

Overlap PB related paras in FII

IC = trips to India

10/19 XVb is practices of philosophy, XVc is philosophic doctrine or
teachings, alot of XVc has been subsumed under XVb specific
subheads. Ib is for most trips to India, but I left a few in
India, depending on whether the emphasis is on personal growth
& India's impact.

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Main body of faint, illegible handwriting, likely bleed-through from the reverse side of the page.

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64 X Man Health

- 65
- A Karmic connection w/ health, mental effect of suggestion & autosuggestion on health
 - B life-force in health & sickness
 - C drugs in mind-body relationship
 - D etheric and astral bodies in health & sickness
 - E mental disorders
 - F psychology & psychoanalysis, psychotherapy

+ Jeff

- G. synthesis and functions needed
- H its limits & failure
- I earthly life irreparable 2 ^{degree} ~~no~~ suffer & die
- J hypnotic & spiritistic methods in self-healing;
 - K other laws of body
 - L high spiritual life in sickness; effect of sickness on development
 - M mental & emotional causes of illness, body's effect on emotions
 - N true spiritual heal
 - O medicine
 - P exercises
 - Q healers

I THE QUEST =

A ITS CHOICE = being called to the quest, the fulcrum decision of a life what leads to an awareness of it.

B INDEPENDANT PATH = need to remain independent, to follow the inner guide. ^{100 block to individual growth, small religious movements 177}

C ORGANIZED GROUPS = their helps & dangers to the quester, ^{group} but a support for the new quester; weirdo cults are in 16

D SELF DEVELOPMENT = its up to you, ^{many} the individual ways of growing, the way ahead, the effort it will require ^{define the}

E STUDENT TEACHER = book or teacher, value of a teacher, & danger of a teacher

• MYSTIC? = misinterpretation of mystic =

II Practices for the Quest = work, work, work - both for the beginner & the old quester

A = can't long path = the quest as yoga, the constant effort needed at purification

B = work on oneself = incl. need to study, work done throughout phases of quest

ASP = assected possessions = renouncing things

ASC asceticism = attachment or value of overvaluing of ascetic tendencies.

SVC = service = to others after you cleanup your own act

III Relax & retreat

A intermittent pauses = both ^{of taking such pause.} momentary, seasonal, and ~~for~~ even for a few years, the value of practice

B tension & pressure = modern life pressures on quester, city & anxieties,

C relax body, breath, mind = prep to meditation

D retreat centers = incl. inner center, ashrams, monasteries & monastic life

E solitude = woman's right to hermitic life, because of call or sensitivity to city & people.

F Nature appreciation = city vs. country life, descriptions of Natural beauty, excluding the 6

G sunset contemplation = incl. equinox med's, formal & informal med's on sun.

IV Elementary Meditation = how to concentrate & its importance to the quest

A place & conditions = incl. moral prep. for med.

B wandering thoughts = first efforts at concentration; the struggle to direct thought.

C practice concentrated attention

D meditative thinking = incl. self-examination exercise.

E visualized images

F mantras

G symbols

H affirmations & suggestions = book passages & phrases suitable for med.

A/DAN. = Dangers of med. w/o cleanup act etc.

PLEASE self-examination exercise

V THE BODY

A Hygiene & cleanliness

B Food

C exercises & postures

D breathing.

E sex: importance, influence, effects

the self
V F
G
H
I
J
K Kundalini?

L
M
N
O
P

- 37 VI EMOTIONS & ETHICS.
- 38 A uplift character
 - 39 B re-educate feelings
 - 40 C discipline emotions
 - 41 D purify passions
 - 42 E refinement & courtesy (philosophic virtue)
 - 43 F avoid fanaticism.

- 44 VII The Intellect = ^{mind} intellectual & academic than philosophic
- 45 A native = logic, not intuition; the discursive mind.
 - 46 B Services = recognizing & serve intuition
 - 47 C development
 - 48 D semantic training
 - 49 E science
 - 50 F metaphysics = incl. books on metaphysics
 - 51 G abstract thinking.

- 52 VIII The Ego = philosophic view of ego
- 53 A what am I
 - 54 B the I-thought
 - 55 C the psyche

- 56 IX From Birth to Rebirth
- 57 A experience of dying
 - 58 B after death (from death to life)
 - 59 C rebirth
 - 60 D post-tendencies
 - 61 E destiny (and Fate)
 - 62 F Freedom
 - 63 G astrology



TO RANDY

DATE 2/14/83

In going through this volume I created many subheads under XIV E, and established some criterion for choosing the various subheads. HERE IS A LIST OF THEIR THOUGHTS.

XIV A = THAT ONE CAN, MUST, SHOULD APPRECIATE ART, AND WHAT THAT CAN DO FOR SPIRITUAL GROWTH - ART EXPERIENCE AS EXTRINSIC TO THE HEART.

XIV B CREATIVITY - MOSTLY SKILL, THE DEVELOPMENT OF TECHNIQUE, AND

THE OBLIGATION OF THE ARTIST TO USE HIS TALENTS.

XIV C GENIUS - THE STATE OF INSPIRED CREATIVITY, NOT JUST TECHNICAL CREATIVITY. THE NEED IN THE ARTIST TO LIVE SO AS TO INVOLVE INSPIRATION.

XIV D = ART AS INTRINSICALLY OR EXPLICITLY EXPERIENCED AS MYSTICAL - NOT AS INDIRECTLY SO WHICH IS MORE LIKE XIV A, ALSO BEING

DATE AS A PHILOSOPHIC STATE, CONT ->

REDIFORM 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT. PART 3 WILL BE RETURNED WITH REPLY.

II 2/14/83 - "KADU" XIV etc. 2/4

XIV E = IN ITSELF BRAND COMMENTS ON ALL THE SPECIFIC MEDIUMS OF ART TOGETHER.

- ALSO, EXCEPT FOR WRITING, I LUMPED TOGETHER UNDER THE VARIOUS SUBHEADS BOTH THE SPECIFIC COMMENTS ON SPECIFIC ~~DATE~~ ARTISTS AND MORE GENERAL THOUGHTS ON EACH BRANCH.

XIV E-MOD = (MODERN) ALL COMMENTS ON MODERN ART IN ALL ITS FORMS, BOTH THE CONDEMNING STATEMENTS AND THE FEW PRAISING ONES (WHICH LATER ONLY WERE STARTED)

XIV E-ENV = (ENVIRONMENT) ON THE VALUE OF AESTHETIC SURROUNDINGS, WHETHER SIMPLE OR RICH.

RETURN TO

SIGNED WRITING (BRACE UP THUS):

XIV^E WRI (WRITING) WHICH IS ARTISTIC ONLY - BOTH SPECIFIC AUTHORS - LIKE COLERIDGE, QUOTES FROM OR ABOUT POETRY, ETC.

XIV E CWR (CREATIVE WRITING) FOR THOSE PARAS WHICH TALK ABOUT THE PROCESS OF AUTHORIZING INSPIRED LITERATURE - INSPIRATION IN THE ACT OF WRITING

XIV E WRS (INSPIRED WRITING) FOR THOSE DATE PARAS THAT REFER TO READING →

REDIFORM 4S 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

TII RANDOM 211418)

30/4

(~~XIV~~ ~~EWUSA~~) INSPIRED LITERATURE, NOW TO
RECOGNIZE IT, NOW TO APPRECIATE
IT, AND ITS VALUE AS A CONTACT WITH INSPIRED

TO MINAS.

DATE

XIVE MUS (MUSIC) ALL PARAS ON MUSIC

XIVE CIN (CINEMA) MOVIES -

XIVE PNT (PAINTING)

XIVE ARC (ARCHITECTURE)

XIVE SCL (SCULPTURE)

XIVE STG (THEATER & STAGE)

- ALSO I ALWAYS = quoted on the
popular misconception of what a mystic

RETURN TO

SIGNED

is what I put

The definition and practice of
mysticism under XVIII MUS.

- you probably know that under

if I have categories (II ASP) for remain-
ing paper possessions (II ASC) for

general positive or negative thoughts
on asceticism and (II B SV) for Paras

on being of service to others

DATE

SIGNED

cent =>

REDIFORM, 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

TO Tom

DATE 2/15/83

21c-telep = telepathy; likewise for all
all siddhis that mentalism is key to making
understandable. They should be sub-
categorized under 21c

2/21

What would you think of adding a subhead
under 14e for reflections on specific artists,
writers, etc.? For example, the meetings
w/ Chesterton, musings on certain musicians, etc.?

DUPLICATE

SIGNED

XIVe^{env} I think 14a-env. may work better,
in that up front it discusses - early in the
section - many issues that relate to the
appreciation of aesthetics as a whole

13educ - Paul and I are experimenting with
this as a category for comments on education,
where/how it fails, what it must include, etc.

DATE

SIGNED

R

REDIFORM 4S 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

Randy

1/25

TO _____ DATE _____

I've broken down the placement
of WRITING/READING as follows

I For guidance

II need to study

IV single phrases/passages for med.
VII as development of intellect or
metaphysical thought

XV inspired writing & its effect
on the reader

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XV quotes not fitting elsewhere, or
ambiguizing a point-of-view or
school

XX as revealing / defining Truth

- any alterations, emendations,
additions, deletions?

DATE

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REDIFORM, 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

TO

Jeff & Christy

DATE

11/25/83

Here's some thoughts on why I shifted some of your classifications:

① 23a I think of as exclusively descriptions of the Short Path - and so

② I put all specific Short Path exercises under 23b, exercises such as the Remembrance and "As If" exercise, ~~the~~

RETURN TO

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Though this letter

does spill over into 23c.

③ I consider 19a as primarily discussing ~~the 4 states of consciousness~~ the 4 states of consciousness - Teriya, Prajna, Tajasa, Vairya and the transitions from one to the next.

Thanks,

Timothy

DATE

SIGNED

REDIFORM, 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

TO JEFF & CHRISTINE

DATE

1/27/83

some more notes: ① in discussing
the establishment of (XXV) with RB
he wished to include "Trust Teachers"
here, while (XVI) would contain
comments on false prophets, and
① would contain those Paros
referring to the service & value of
seeking out a teacher while

RETURN TO

SIGNED

remaining independent.

② VII I understand to be
particularly intellectual &
academic, while "the doctrine"
sort of Paros apply more to
XX

DATE

SIGNED

Tci

REDIFORM, 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

JC

TO Tom - From Jeff DATE 2/10/83

23 AP = preparation for short path

AC comparison of long & short path

AG grace of short path

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DATE

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REDIFORM 4S 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

TS

TO Tim - From Jeff

DATE 2/10/83

23 AP = preparation for short path

AC comparison of long & short path

AG grace of short path

DUPLICATE

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DATE

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REDIFORM 4S 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

POLY PAK (50 SETS) 4P465

DETACH AND FILE FOR FOLLOW-UP

TO Tim

DATE 4/30/83

Under 21 - I'm using 21mat for quotes comparing mentalism w/ materialistic view, or showing up shortcomings of materialist view in mint context // other materialism blunders often go into 13a

Also, 21anec - for anecdotes testifying to mentalism or useful to illustrate/brighten/lighten certain points on mentalism

21CSNS for those about consciousness as 'a priori', as King, as supreme, etc. In context, can be 21a/CSNS, 21b/CSNS, 21c/CSNS or 21CSNS

Sometimes deciding whether to go 21mat or 21CSNS is just a judgement call; e.g. if CSNS? mat are contrasted, etc.

DUPLICATE

SIGNED

21 ill. - statements on or about illusion - especially optical, etc., which are ^{or can be} used in the context of elucidating how to appreciate mentalism

7a and 7b | notes comparing logic with intuition, showing what one (logic) can do and where/why it must eventually ~~lose~~ yield to intuition

21 MR mind/body relationship

DATE

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SEND PARTS 1 AND 3 WITH CARBONS INTACT.
PART 3 WILL BE RETURNED WITH REPLY.

briefly under XXII A & XXII D & address some subheads, namely:

XXII A DEV. (DEVELOPMENT) how to develop can be made ^{for} ~~more~~ ^{and} receptive to inductions.

XXII A / TEST (TEST) how to distinguish false from true inductions

XXII A / APP (APPLICATION) when and how to apply the inductions & inductive mode to life.

XXII O / ACC (ACCEPTANCE) how to let

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a glimpse in - is to stop physical activity, to lie down etc

XXII D / EFF (EFFECTS) what effects a glimpse will/may have on the rest of ones life

XXII O / PAS (PASSES) that a glimpse will pass off - as ^{and} the end of highest achievement.

DATE

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TRP

REDIFORM 45 465

SEND PARTS 1 AND 3 WITH CARBONS INTACT. PART 3 WILL BE RETURNED WITH REPLY.

Date	Days	HR	HR	HR
9/14	1-5	1/2	HR	
9/20	6-8	1/2	HR - 1 HR	
9/21	9-14	1/2	- 1 1/2 HR	
9/23	15-16	1/4	HR 1. 3/4 HR	
9/26	16-21	1/2	2 1/4 HR	
9/26	22-31	1/4	3 3/4 HR	6 1/2 16 120 days
9/27	31-36	1/2	3 3/4 HR	
9/22	37-42	3/4	4 1/2 HR	6 1/2
9/14	42 - (S)	1 1/2	6 1/2 HR	
10/5	1-24	3	9	1 HR
10/8	25-31	1/2	9 1/2	10
10/17	32-42	1	10	
10/26	42-47	1/2	10 1/2	
10/19	47-53	3/4	11 1/4	H
10/22	54-57	1/2	11 3/4	

IV A must prep for meet
 Think about putting some there
 in XVII - doc need Wang's
 guide
 III G - equine & medical notes.
 VII, Eno final instale should not
 - arrange.
 III A record of problem notes.

Not necessary. Now do not let work IIa III)

or p. My ^{course} service work II.?

COORDINATION TECH

IV. 1, needs to be broken into several physical conditions

XVIII. 2. percentage of body? Glimps = XVII 1/4.

XVIII - practice - see & with XVII keep ⁱⁿ order

IX. type and/or

STAGES OF COORDINATION TECH

XVIII. 3. ^{Can} 3rd stage 1'

IV. ^{4D} method to find on self improvement, (For now) also IV Co?

XVIII ^{the} characteristics of body; OUT OF BODY EXP = XVIII B

XVIII & mental thinkers. Show also as under XVI A

XVIII B summary 1' no III 5

Ru Russia Rubensh
At At mucle
Cov Confucius
Bud Buddha
GR = Gmel
Chr Christhu
Ti = Tibet
Chi = China
In = India

Jap = Japan
EG = Egypt
SU = Sufi, Iskanic
Miceen
Aur = Aurobindo
Kr = Karamati
Am Anacle Maye
MY = Mubeshi Yaji
WES = Western
Gj = Gerdjeff

[The page contains several columns of extremely faint, illegible handwritten text, likely bleed-through from the reverse side of the paper.]

I) THE QUEST

- A) ITS CHOICE **
- B) INDEPENDANT PATH
- C) ORGANIZED GROUPS **
- D) SELF DEVELOPMENT **
- E) STUDENT / TEACHER **
- A/CR) CRISIS - leading to choosing quest
- A/QUAL) QUALIFICATIONS = qualifications and types of people who come to quest
- C/RESP) RESPONSIBILITY = responsibility one has for accepting ethics & actions of group one identifies with
- C/PROB) PROBLEMS = with groups
- D/BL) GOAL = what is goal of quest, is it too high?
- D/IND) INDIVIDUAL PATHS = many ways to do the quest
- E/ST) STUDENT
- E/TE) TEACHER
- A/MYSTIC

II

II

III) PRACTICES FOR QUEST

- A) ANT'S LONG PATH **
- B) WORK ON ONESELF *
- ASP) ASCETIC ATTITUDE TOWARDS POSSESSIONS
- ASC) ASCETICISM
- SVC) SERVICE TO OTHERS
- A/PROG) PROGRESS = how to determine it, how to relate to it
- A/TEST) TESTS = for quester
- B/REN) RENUNCIATION

III) RELAX & RETREAT

- A) INTERMITTANT PAUSES
- B) TENSION & PRESSURE
- C) RELAX BODY, BREATH, MIND
- D) RETREAT CENTERS
- E) SOLITUDE
- F) NATURE APPRECIATION
- G) SUNSET CONTEMPLATION

IV) ELEMENTARY MEDITATION

V) THE BODY

- A) HYGIENE & CLEANSINGS
- B) FOOD
- C) EXERCISES & POSTURES
- D) BREATHINGS
- E) SEX: IMPORTANCE, INFLUENCE, EFFECTS.
- K) KUNJALINI

VI) EMOTIONS & ETHICS

- A) UPLIFT CHARACTER *
- B) RE-EDUCATE FEELINGS *
- C) DISCIPLINE EMOTIONS
- D) PURIFY PASSIONS
- E) REFINEMENT & COURTESY **
- F) AVOID FANATICISM
- E/IMG) MARRIAGE
- A/REP) REPENTANCE
- E/CRIT) CRITICISM

- NU) NONVIOLENCE
- B/LV) LOVE
- A/GON) GOODNESS
- E/SU) SYMPATHETIC UNDERSTANDING
- A/CON) CONSCIENCE
- E/NMP) NONVIOLENCE, NONRESISTENCE, & PACIFICISM
- A/PAT) PATIENCE
- M/R) MORAL RELATIVITY

VII) THE INTELLECT

- A) NATURE
- B) SERVICES
- C) DEVELOPMENT
- D) SEMANTIC TRAINING
- E) SCIENCE
- F) METAPHYSICS
- G) ABSTRACT THINKING

- A/ENV) ENVIRONMENT
- B/FM) FAMILY
- E/NAP) HAPPINESS
- B/COM) COMPASSION
- FRND) FRIENDSHIP
- A/STAD) SINCERITY
- ASL) ASLETICISM

VIII) THE EGO

- A) WHAT AM I?
- B) THE I-THOUGHT
- C) THE PSYCHE

IX) FROM BIRTH TO REBIRTH

- A) EXPERIENCE OF DYING
- B) AFTER DEATH
- C) REBIRTH
- D) PAST TENDENCIES
- E) DESTINY
- F) FREEDOM
- G) ASTROLOGY

- C) RELAX BODY, BREATHE MIND
- D) RETREAT CENTERS
- E) SOLITUDE
- F) NATURE APPRECIATION
- G) SUNSET CONTEMPLATION

IV) ELEMENTARY MEDITATION

- A) PLACE & CONDITIONS *
- B) WANDERING THOUGHTS
- C) PRACTICE CONCENTRATED ATTENTION
- D) MEDITATIVE THINKING *
- E) VISUALIZED IMAGES
- F) MANTRAS
- G) SYMBOLS
- H) AFFIRMATIONS & SUGGESTIONS

A/O/R/G) DANGERS of meditation & need for proper preparation

D/S/E) SELF-EXAMINATION exercises

IX FROM BIRTH TO REBIRTH

- A) EXPERIENCE OF DYING
- B) AFTER DEATH
- C) REBIRTH
- D) PAST TENDENCIES
- E) DESTINY
- F) FREEDOM
- G) ASTROLOGY

X) MAN HEAL HIMSELF

- A) KARMA CONNECTION WITH HEALTH
- B) LIFE-FORLE IN HEALTH & SICKNESS
- C) DRUGS IN MIND-BODY RELATIONSHIP
- D) ETHERIC & ASTRAL BODIES IN HEALTH & SICKNESS
- E) MENTAL DISORDERS
- F) PSYCHOLOGY & PSYCHOANALYSIS
 - G) SYNTHESIS; NOT FANATICISM NEEDED
 - H) ITS LIMITATIONS & FAILURES (mental, sp. ^{reality})
 - I) EARTHLY LIFE INSEPARABLE FROM DEATH SUFFERING & DEATH
 - J) HYPNOTIC & SPIRITISTIC METHODS UN-SATISFACTORY; OTHER LOWER FORMS OF HEALING
 - K) HIGH SPIRITUAL CONSCIOUSNESS IN SICKNESS; EFFECT OF SICKNESS ON DEVELOPMENT
 - L) MENTAL & EMOTIONAL CAUSES OF ILLNESS; BODY'S EFFECT ON EMOTIONS

XI) THE NEGATIVES

- A) NATURE
- B) ROOTS IN KBO
- C) PRESENT IN THE WORLD
- D) INTHOUGHTS, FEELINGS & VIOLENT PASSIONS
- E) THEIR VISIBLE & INVISIBLE HARM.
- F) TESTS

XII) REFLECTIONS

- OB) OB
- W) PERSONAL WRITINGS
- EDU) EDUCATION
- PERS) PERSONAL EXPERIENCE

MYST/MYSTIC TERMS)

W) WOMBAN

XIII) HUMAN EXPERIENCE

- A) SITUATION ***
- B) EVENTS
- C) LESSONS
- D) WORLD CRISES
- E) REFLECTIONS IN OLD AGE
- F) REFLECTIONS ON YOUTH
 - A/ED) EDUCATION
 - A/M6) MARRIAGE
 - A/POL) POLITICS
 - A/MOB) MOB - the hoi polloi
 - A/NAP) NARRATIVES

XIV) ORIENT

- A) MEETINGS WITH THE OCCIDENT
- B) ORIENTAL PEOPLE, PLACES, PRACTICES
- C) SAYINGS OF PHILOSOPHERS
- D) SCHOOLS OF PHILOSOPHY

RM) RAMANAMAHARSH	MY) MAHESH YOGI
AT) ATMANANDA	WES) WESTERN
CON) CONFUCIUS	GT) GURATIEFF
BUO) BUDDHA	
GR) GREEK	
CHR) CHRISTIAN	
TI) TIBET	
CHI) CHINA	
IN) INDIA	
JAP) JAPAN	
EG) EGYPT	
SU) SUFI, ISLAM; MID EAST	
AUR) AUROBINDO	
KR) KRISHNAMURTI	
AM) ANANDAMAYEE	

XVI) THE SENSITIVES

- A) PSYCHIC & AURIC EXPERIENCE
- B) INTUITIONS
- C) SECTS & CULTS
 - L) LEADERS OF CULT
 - PS) PERSONAL SENSITIVITY
 - MD) MENTALLY DISORDERED PEOPLE
 - DRG) DRUGS & QUASI SPIRITUAL EXPERIENCE
 - C/M) MYSTICISM

XVII) THE RELIGIOUS URGE

- A) ORIGIN
- B) RECOGNITION
- C) MANIFESTATIONS
- D) TRADITIONAL & LESS KNOWN RELIGIONS
- E) CONNECTION WITH PHILOSOPHY

XVIII) THE REVERENTIAL LIFE

- A) PRAYER
- B) DEVOTION
- C) WORSHIP
- D) HUMILITY
- E) SURRENDER
- F) GRACE: REAL/IMAGINED
 - DN) DARK NIGHT OF THE SOUL
 - MYS) MYSTICISM

E) REFLECTIONS IN SLAVERY

F) REFLECTIONS ON YOUTH

A/ED) EDUCATION

A/M6) MARRIAGE

A/POL) POLITICS

A/MOS) MOS - the hoi polloi

A/NAP) NAPPINESS

XIV THE ARTS IN CULTURE

A) APPRECIATION *

B) CREATIVITY

C) GENIUS

D) ART EXPERIENCE & MYSTICISM

E) REFLECTIONS ON PICTURES, SCULPTURE,
LITERATURE, POETRY MUSIC *

A/ENV) ENVIRONMENT

E/MOD) MODERN ART

E/WRI) LITERATURE

E/CAWI) THE ART OF WRITING

E/WRSP) INSPIRATIONAL LITERATURE

E/MUS) MUSIC

E/CIN) CINEMA

E/PNT) PAINTING

E/ARC) ARCHITECTURE

E/SCLP) SCULPTURE

E/STG) STAGE

E/PPL) PEOPLE - specific artists & excerpts of their works.

XVIII THE REVERENTIAL LIFE

A) PRAYER

B) DEVOTION

C) WORSHIP

D) HUMILITY

E) SURRENDER

F) GRACE: REAL & IMAGINED

DN) DARK NIGHT OF THE SOUL

MYS) MYSTICISM

XIX THE REIGN OF RELATIVITY

A) CONSCIOUSNESS IS RELATIVE

B) DREAM, SLEEP & WAKEFULNESS

C) TIME AS PAST, PRESENT & FUTURE

D) SPACE

E) TWO-FOUR STAND POINT

F) VOID AS METAPHYSICAL FACT

XX WHAT IS PHILOSOPHY

- A) DEFINITION
- B) COMPLETENESS
- C) BALANCE
- D) FULFILLMENT IN MAN &
 - TRTH) TRUTH, old & new
 - DIOS) INSIGHT

XXI MENTALISM

- A) MIND & THE FIVE SENSES
- B) WORLD AS MENTAL EXPERIENCE
- C) MENTALISM IS KEY TO SPIRITUAL WORLD
 - MBR) MIND/BODY RELATIONSHIP
 - MAT) MATTER
 - ANEC) ANECDOTES
 - CSASS) CONSCIOUSNESS AS SUPREME
 - ILL) ILLUSION
 - (TELEP) TELEPATHY & powers explained by mentalism.
- SCI) SCIENCE & MENTALISM
- WM) WORLD-MIND & MENTALISM

XXII INSPIRATION & THE OVERSELF

- A) INTUITION THE BEGINNING ***
- B) INSPIRATION THE COMPLETION
- C) ITS PRESENCE
- D) GLIMPSES ***
 - A/DEV) DEVELOPMENT of intuitive power
 - A/TEST) TEST ing intuitions
 - A/APP) APPLYING INTUITIONS
 - D/ACC) ACCEPTING A GLIMPSE
 - D/EFF) EFFECTS OF A GLIMPSE
 - D/PASS) TRANSIENCE OF A GLIMPSE

XXV WORLD MIND IN INDIVIDUAL MIND

- A) THEIR MEETING & INTERCHANGE
- B) ENLIGHTENMENT WHICH STAYS
- C) SAINTS & SAGES &
 - IND) INTERIOR WORD
 - C/X) JESUS CHRIST

XXVI THE WORLD IDEA

- A) DIVIDE GLOBE OF THE UNIVERSE
- B) CHANGE AS UNIVERSAL ACTIVITY
- C) POLARITIES, COMPLEMENTARITIES, & QUALITIES OF UNIVERSE
- D) TRUE IDEA OF MAN

XXVII THE WORLD MIND

- A) GOD AS SUPREME INDIVIDUAL
- B) GOD AS MIND-IN-ACTIVITY
- C) AS SOLAR LOGOS

XXVIII THE ALONE

- A) MIND-IN-ITSELF
- B) THE UNIQUE MIND
- C) AS ABSOLUTE.

XXIII ADVANCED CONTEMPLATION

- A) BIRD'S DIRECT PATH X X X
- B) EXERCISES FOR PRACTICE (X X)
- C) CONTEMPLATIVE STILLNESS
- D) "WHY BUDDHA SMILED"
- E) HEAVENLY WAY EXERCISE
- F) SERPENT'S PATH EXERCISE
- G) VOIO AS CONTEMPLATIVE EXPERIENCE
 - A/A) PREPARATION FOR SHORT PATH
 - A/C) COMPARISON OF SHORT & LONG PATH
 - A/G) GRAB & SNORT PATH
 - B/SIF) AS IF EXERCISE
 - B/REM) REMEMBRANCE EXERCISE

XXIV THE PEARL WITHIN YOU

- A) BE CALM
- B) PRACTICE DETACHMENT
- C) SEEK THE DEEPER STILLNESS

1983 4/24 SURHEAD COMMENTARY

WORDS OF TOPICS FOR INDEX WHICH MAY OR MAY NOT BE SUBHEADS.

A ASPIRATION ATTITUDE ASHRAMS 'A'-CRITICISMS OF ALTRUISM AESTHETICISM (AS⁶) ADMONITIONS AMBITION

B BOOKS

C COLLECTIVE REACTIONS CRITICISM (C⁶) C-FROM OTHERS (CFO) C-TOWARD OTHERS (CTO) C-OF ONESELF (COOS) CRIME

D DARK NIGHT DEFINITIONS DANGERS DISCIPLINE, PHILOSOPHIC DECISION MAKING (COM) DISINTERESTED ACTION (DA)

E ESOTERIC EGYPT EVOLUTION (EV) EDUCATION (EO)² ENVIRONMENT (ENV)⁴ EXERCISES

F FAMILY (FA) FRIENDSHIP (FEND⁶) FEAR FORBERRABLE

G GOAL (G) GENERAL INTRODUCTION (GI) GOD AS GOD (GG) GOODNESS (GD⁶) GOODWILL

H HAPPINESS (HAP 13,6)

I INTERIOR WORD (IW²⁵) IMPARTIALITY INFINITE LIFE POWER (ILP) IMAGINATIVE FACULTY

K KARMA

L LOW PROFILE, SILENCE (LPS) LOVE (LV⁶) LAY STATE VS. MONASTIC (LUM)

M MARRIAGE (MG) MASCONCEPTIONS (MC) MYSTICS, CRITICISM OF (MYSTCRIT) MYSTICISM / MYSTICAL EXP

N NON VIOLENCE (NV⁶) NON RESISTANCE, PACIFISM (NRP) NEW INGLIGHT (NI) NEUROTICS, NEUROSES

P PATIENCE (PA⁶) PERSISTENCE (PE¹⁷) POWERS PHILOSOPHIC DISCIPLINE (PD) PURPOSE (P) PERSONAL VS IMPERSONAL

R REPLIES TO CRITICS (RC) RENUNCIATION (REN²) REPENTANCE (REP,6)

S SERVICE STAGES (ST) ST-IN MEDITATION / CONT (ST-M/C) SELF EXAMINATION, SELF ANALYSIS (SE) SEC

T TESTS (TS) TOLERANCE

W WOMEN WORSHIP WITHOUT SEEN (WOWOS) WORSHIP WITH SEEN (WOWS) WARNINGS

X

Y

Z

- ① (P) PREJUDICE, RACIAL, CLASS, NATIONAL POLITICS (POL^{6,13}) PENANCE (PEN) PRUDENCE
- ② (S) SYMPATHETIC UNDERSTANDING (SUB) SYMBOL [OTHER THAN 46] (SYM) SECOND SELF (SEC/SELF)
SPINOZA SINCRITY
- ③ (C) COMPASSION (COM⁶)
- ④ (D) DEALING WITH THE UNREADY (DWTU)
- ⑤ (M) MORAL RELATIVITY (MR⁶)

ISM (AS⁶) ADMONITIONS AMBITION

(CTO) C-OF OORSELF (COOS) CRIME · CRIMINALITY CONSCIENCE (CO⁶) CONSOLATION (3)
KING (COM) DISINTERESTED ACTION (DA) DUTY, D-TOWARD OTHERS (OTO) (4)
(EN⁶)⁴ EXERCISES

GOODNESS (GD⁶) GOODWILL

ILP (ILP) IMAGINATIVE FACULTY

(LUM) MYSTICISM / MYSTICAL EXP. (16, 12) (MYST) MORAL SELF BETTERMENT (MSB) (5)
(CRIT) NEUROTICS, NEUROSES (NT)

PURPOSE (P) PERSONAL VS IMPERSONAL GOO (P-I/G) PACIFISM - y/nw* (1)

MINIATION, SELF ANALYSIS (SE) SELFWAREFULNESS, MINDFULNESS (SW) (2)

OWS) WARNINGS

LE (PEN) PRUDENCE
(SYM) SECOND SELF (SEC/SELF) SCRIPTURE, COMMENTS ON (SLR)